

# REPORT

<b>Event</b>	<b>Seminar</b>
<b>Theme</b>	World Health day
<b>Date</b>	April 7, 2023
<b>Time</b>	10:00 a.m
<b>Venue</b>	KC Group of Institutions
<b>Convener</b>	Prof. Dr. Rashmi Gujrati
<b>Co-Convener</b>	Dr. Sombir Sheoran
<b>Resource Person</b>	Dr. Sombir Sheoran, Dr. Himanshu Sharma, Dr. Shilpa, Dr. Ruchika Thakur
<b>Keynote Speakers</b>	Dr. Sombir Sheoran, Dr. Himanshu Sharma, Dr. Shilpa, Dr. Ruchika Thakur

## OBJECTIVES

### Learning outcome

- To acquaint students with Ayurveda and its origin.
- To make students aware of their own health and wellness.
- To introduce easy daily routines as per Ayurveda to the students.

## Photographs





## **Event Summary**

To mark World Health Day a seminar was organized by the doctors of Kamal Gandhi Memorial Hospital and College at KC Group of Institutes. The seminar started with lamp lighting by worthy campus director Prof. Dr. Rashmi Gujrati accompanied by Principals of all colleges and Doctors. Prof. Dr. Rashmi Gujrati welcomed all the faculty members and the students and appreciated the efforts made by students and faculty members to organize this sort of event further in her address she explained the history of World Health Day and its theme for this year i.e. “Health For All” and informed that this seminar is followed by free medical camp at the Kamal Gandhi Memorial Hospital and College. Later Dr. Sombir Sheoran presented a PPT on Fissure in ano etiology : Clinical Features and Management. With his presentation he explained how we can prevent ourself at earlier stage. Dr. Shilpa talked about Oral Hygiene and introduced certain ways to boost oral health. Dr. Himanshu Sharma talked about Panchkarma in detail and in very simple and effective words she told how Ayurveda is connected with not only our health but also with our lifestyle and eating habits. Dr. B.S Bajwa , Principal KC College of Pharmacy extended vote of thanks to all the faculty members and the students. Assistant Professor Ravneet Kaur was the moderator of the event.

## **Participants**

Students and faculty members of KC Group of Institutions joined the Seminar.

**Attendance of Students**

<b>Serial No</b>	<b>Name of Student</b>	<b>College Name</b>
1	Jashandeep Singh	KCSMCA
2	Sagar	KCSMCA
3	Gagandeep Singh	KCSMCA
4	Sukhwinder Bagla	KCSMCA
5	Avneet Kaur	KCSMCA
6	Neha	KCSMCA
7	Kartik	KCSMCA
8	JasleenKaur	KCSMCA
9	Priyanka	KCSMCA
10	Ramandeep	KCSMCA
11	Rajan Kumar	KCSMCA
12	Rohit Puri	KCSMCA
13	Tanisha	KCSMCA
14	Hina	KCSMCA
15	Santosh	KCSMCA
16	Prerna	KCSMCA
17	Pooja	KCSMCA
18	Kamaljit Kaur	KCSMCA
19	Payal	KCSMCA
20	Dheeraj	KC College of Pharmacy
21	Mohit	KC College of Pharmacy
22	Ragini Rana	KC College of Pharmacy
23	Pardeep Singh	KC College of Pharmacy
24	Priyanka	KC College of Pharmacy
25	Mehak	KC College of Pharmacy
26	Manisha	KC College of Pharmacy
27	Rahul	KC College of Pharmacy
28	Neelam	KC College of Pharmacy
29	Diksha	KC College of Pharmacy
30	Rajan	KC College of Pharmacy
31	Mamta	KCCHM
32	Manisha	KCCHM
33	Sachwinder	KCCHM
34	Jasveen Kaur	KCCHM
35	Amisha Banga	KCCHM
36	Jashanpreet Singh	KCCHM
37	Pawan Kumar	KCCHM
38	Prinkal Walia	KCCHM
39	Mabnish Kumar	KCCHM

40	Rajvir Kaur	KCCHM
41	Naina	KCCHM
42	Gaurav Chadda	KCCHM
43	Jaspreet	KCCHM
44	Jasmeen Panwar	KCCHM
45	Neeraj Kumar	KCCHM
46	Abhishek Singh	KC College of Polytechnic
47	Arshdeep Singh	KC College of Polytechnic
48	Priya	KC College of Polytechnic
49	Sandeep Kaur	KC College of Polytechnic
50	Sital Devi	KC College of Polytechnic
51	Vijay Kumar	KC College of Polytechnic
52	Bhupinder	KC College of Polytechnic
53	Satwinder Bhatti	KC College of Polytechnic
54	Dilpreet Singh	KC College of Polytechnic
55	Abhishek JKumar	KC College of Polytechnic
56	Harjinder Singh	KC College of Polytechnic
57	Manisha	KC College of Polytechnic
58	Parveen Kaur	KC College of Polytechnic

**Attendance of Faculty**

Serial No.	Name	Department
1	Mr. Ankush	KCSMCA
2	Ms. Prabhjot Kaur	KCSMCA
3	Mr. Prabhjot Singh	KCSMCA
4	Mr. Om Prakash	KCSMCA
5	Ms. Alka	KCSMCA
6	Ms. Ravneet Kaur	KCSMCA
7	Ms. Shikha	KCSMCA
8	Mr. Gurpreet	KCSMCA
9	Ms. Nisha	KC College of Pharmacy
10	Ms. Rajpreet	KC College of Pharmacy
11	Ms. Shikha	KCSMCA
12	Mr. Gurpreet	KCSMCA
13	Ms. Ramandeep	KCSMCA
14	Ms. Anita	KCCEIT
15	Ms. Jatinder Kaur	KCCEIT
16	Dr. Balram	KCCEIT
17	Ms. Akansha	KCCEIT
18	Ms. Alka	KC College of Polytechnic
19	Mr. Balwant	KC College of Polytechnic
20	Er. Zaftar	KC College of Polytechnic

